

# Connections to Care

## BUILDING RESILIENCE IN YOUTH

BPHN is excited to announce its newest program: Connections to Care: Building Resilience in Youth (C2C:BRY)

### OBJECTIVE

- C2C:BRY is designed to increase access to mental health resources for homeless youths, ages 13-21
- Combat COVID-19 pandemic stress that has significantly impacted BIPOC youth from low-income families



**LESS  
STRESS!**

### AIM

- To improve community-based organizations (CBO) capacity to work with youth who reside in Fordham, University Heights, Highbridge, Concourse, Morrisania and Crotona
- Expand mental health knowledge, skills, and strategies among CBO staff in the Bronx Fordham, University Heights, Highbridge, Concourse, Morrisania and Crotona communities
- Develop a strong partnership between CBOs and Mental Health Providers (MHPs) to refer youth for mental health and related services, when appropriate.
- Improve mental health outcomes for participating youth.

### FOR REFERRALS PLEASE CONTACT:

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Morris Heights Health Center (718)839-8900 Ext. 3333

Sun River Health: [C2C-BRY@sunriver.org](mailto:C2C-BRY@sunriver.org); walk-ins welcomed at 2510

Westchester Avenue, Suites 108 & 202, Bronx, NY 10461



Serving youths, ages 13-21 who reside in the neighborhoods of **Fordham, University Heights, Highbridge, Concourse, Morrisania & Crotona** (10458, 10452, 10456 & 10460)

CUNY SPH